

**CONQUER THE HILL
VESUVIUS
5K EAGLE RUN/
WALK**

SATURDAY MAY 2, 2026

9:30 AM

VESUVIUS BOAT DOCK
IRONTON, OHIO
WAYNE NATIONAL FOREST



FAMILY FUN RUN

1 MILE TRAIL RUN/WALK

SATURDAY MAY 2, 2026

9:00 AM

VESUVIUS ARCHERY TRAIL

ALL AGES WELCOME!!!!

**FUNDRAISER FOR SCCA
CROSS COUNTRY TEAMS**

LOTS OF DOOR PRIZES

**BREAKFAST BY
CHICK-FIL-A !!!!**

VIRTUAL OPTIONS
(Text 740-646-1028)

JOIN OUR FACEBOOK PAGE

Conquer the Hill:
5K Eagle Run/Walk

CONQUER THE HILL

5K COURSE:

ROAD RACE-HILLY!

STARTS AND ENDS AT THE
VESUVIUS BOAT DOCK.
RUNS THROUGH THE OAK
HILL CAMPGROUND.

BUY A SHIRT TO
SUPPORT OUR TEAMS &
REGISTER FOR THE RACE
ADULTS—\$25.00-\$28.00
STUDENTS—\$15.00-\$18.00

5K MEDALS TO 1ST OVERALL
MALE & FEMALE FINISHERS
MEDALS TO 1ST 2ND & 3RD
FINISHERS IN MALE AND
FEMALE AGE GROUPS.

FREE COUCH TO 5K TRAINING
10 WEEK, 8 WEEK, OR 6 WEEK
PLANS

TEXT MISS GINA TO SIGN UP
740-646-1028

MAKE CHECK PAYABLE TO: SCCA
MEMO: SHIRT
MAIL TO: SCCA ATTN: GINA
4824 ST RT 141
IRONTON, OH 45638
QUESTIONS—740-646-1028
**OR REGISTER ONLINE @
RUNSIGNUP.COM**



LONG SLEEVE

&

SHORT SLEEVE

AVAILABLE!!!!

**ARMY GREEN TRI BLEND
SOFT SHIRTS**



CHOOSE YOUR RACE: 5K RUN/WALK _____ 1 MILE TRAIL RUN/WALK _____
SHIRT ONLY _____

NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE: _____ MALE _____ FEMALE _____

AGE ON RACE DAY _____

LONG SLEEVE SHIRT SIZE: ADULT: SM _____ MED _____ LG _____ XLG _____ XXLG _____
YOUTH: SM _____ MED _____ LG _____

AMOUNT PAID: _____ ADULTS **\$28** _____ STUDENTS **\$18**

SHORT SLEEVE SHIRT SIZE: ADULT: SM _____ MED _____ LG _____ XLG _____ XXLG _____
YOUTH: SM _____ MED _____ LG _____ XLG _____ XXLG _____

AMOUNT PAID: _____ ADULTS **\$25** _____ STUDENTS **\$15**

WAIVER: I know that running a road/trail race is a potentially hazardous activity and I should not enter a run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver, I release Vesuvius Recreation Center, Sugar Creek Missionary Baptist Church, race officials, volunteers and all sponsors from all claims to liabilities arising out of my participation in this event.

SIGNATURE: _____ DATE: _____

PARENT/GUARDIAN (FOR MINOR): _____